



WHAT'S IN A JOHN HUNTINGDON CHARITY CHRISTMAS BAG (HAMPER)?

The hampers are made up in different sizes for single people, couples and families.

A TYPICAL CHRISTMAS PARCEL WILL INCLUDE:

At least one toiletry item - soap, shower gel and/or deodorant

One Chocolate tub or pouch of Heroes/Celebrations/Roses or Quality Street - dependent on size of household. A family will get a tub, singles/couples get pouches/ small boxes of chocolates

One advent calendar/selection box for each child

One bottle of soft drink

Christmas sweets for children – chocolate coins or chocolate Santa, tubes of sweets

One Savoury snack – pringles, twiglets or cheese straws

One Christmas pudding – size dependent on number of people in the household – small for a single person – medium for 2-3 people; large for 4 or more.

Mince pies, Stollen or Panettone

Chocolate Biscuits

Christmas cake /fruit cake or yule log

One chocolate goodie – for example chocolate orange, matchmakers, after eights or Maltesers box

Pack of stuffing

Gravy granules

Cranberry sauce

Crackers for cheese

A jar of jam, pickle or chutney

Basics which may be included, if there is any surplus – Pasta, pasta sauce, tinned or powdered potatoes, tea, coffee, sugar.